

Florham Park Recreation Department

February 2012 News

Visit our updated website!

www.florhamparkboro.net/recreation

Due to Hurricane Irene damage at the Community Center, the Recreation Department offices are temporarily located on the first floor of Borough Hall. Office hours are 9:00 am-4:30 pm, but some services may be limited or disrupted. Phone numbers remain the same:
Main: (973) 410-5390; Fax: (973) 410-5492; Field hotline: (973) 410-5391.
Thank you for your cooperation.



BUS TRIP TO EVITA ON BROADWAY IN MARCH

On Saturday, March 17th, the Recreation Department is sponsoring a bus trip to see *Evita* on Broadway in New York City. The new musical revival stars Grammy Award-winning singer Ricky Martin. The cost is \$95 per person, which includes a mezzanine seat (elevator access), chaperone, and round-trip coach bus transportation. The bus leaves from the Community Center parking lot at 10:30 am, and returns at approximately 6:00 pm. Prior to the show, sightseeing and lunch are at your leisure. Registration forms are available at the Community Center, online at www.florhamparkboro.net/recreation, or via mail by request. Call the Recreation Department at (973) 410-5390 for more information.



Evening Aerobics with Arline Ruban



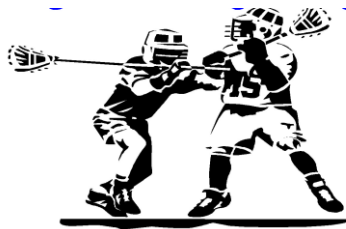
The popular aerobics class taught by Arline Ruban continues this winter. Classes take place on Mondays, Wednesdays, and Thursdays at 6:30 pm, at the Senior Center.
Call (973) 410-5390 for fees and other details.



Hornets Lacrosse Registration is Open



Registration for spring lacrosse is open. A co-ed clinic program is offered for 1st-2nd graders, and a league is offered for 3rd-8th grade boys. Registration forms with fees are available to download at www.fplax.com and www.florhamparkboro.net/recreation. Players and parents may also fill out registration forms at the Recreation Department (Borough Hall, 1st floor). The registration deadline is Friday, February 3, 2012. Please call the Recreation Department at (973) 410-5390 with any questions.



Girls Lacrosse in Hanover Township

Florham Park girls in 3rd-8th grades are welcome to register for the Spring lacrosse league in Hanover Township. Registrations are accepted at the Hanover Township Recreation Department (15 North Jefferson Road, Whippany) on weekdays from 8:30 am-4:30 pm. Two special registration opportunities will take place on Saturdays, February 4th and 11th, at Monroe Hall (324 Whippany Road, Whippany) from 10:00-11:00 am. The registration deadline is Friday, February 17th. The fee for 3rd-4th graders is \$50. The fee for 5th-8th graders is \$80 (includes U.S. Lacrosse membership). Players are required to provide stick, helmet, gloves, pads, and mouthpiece. Practices will begin in March and games will begin in April. Coaches are needed at all levels. Please call (973) 428-2463 with any questions.



Rutgers Coach Clinic in Florham Park on February 23rd

Mark your calendars! The Recreation Department is hosting a Rutgers S.A.F.E.T.Y. Clinic for new coaches on Thursday, February 23rd, from 6:30-9:30 pm, at the Public Library. The clinic is open to new coaches who are planning to serve as a volunteer coach. The clinic costs \$40 per person. **RSVP is required to (973) 410-5390.**



Winter Platform Tennis Seeks Players



The Florham Park men's winter platform tennis group is seeking new beginner and experienced players. Platform tennis is a sport that combines components and skills of tennis and racquetball. Currently, experienced players play on Monday and Wednesday nights at 7:30 pm at the two municipal courts across from the Community Center. To learn more about the group or the sport, or to sign up, feel free to meet at the courts on Monday or Wednesday nights. No commitment is necessary. If a minimum number of beginner players are interested, a beginner's clinic may be added. For more information, contact Russ Pistone at rpistone@optonline.net, or the Florham Park Recreation Department at (973) 410-5390.



Sports Squirts is Back this Spring!

U.S. Sports Institute (U.S.S.I.) is offering the popular Sports Squirts this spring. Sports Squirts introduces children to a variety of sports such as soccer, basketball, hockey, and lacrosse. The clinic will be held on Mondays, from April 16th-June 4th, from 12:30-1:30 pm, in Emmett Park (no clinic on May 28th). The clinic is open to children 3-5 years old. The cost is \$115. Register online at www.USSportsInstitute.com. Details are available at www.florhamparkboro.net/recreation. Call the U.S.S.I. at (732) 563-2520 with questions.



T-Ball Squirts is New this Spring!

U.S. Sports Institute (U.S.S.I.) is offering its T-Ball Squirts program this spring. T-Ball Squirts introduces young children to baseball/softball. The clinic will be held on Tuesdays, from April 17th-May 29th, from 3:30-4:30 pm, in Emmett Park. The clinic is open to children 3-4 years old. The cost is \$130. Register online at www.USSportsInstitute.com. Details are available at www.florhamparkboro.net/recreation. Call the U.S.S.I. at (732) 563-2520 with questions.



Girls Softball Registration Until February 10th

Girls in Kindergarten through 8th grades are invited to register for the spring softball program, sponsored by the East Hanover-Florham Park Girls Softball League. Registrations are accepted at the East Hanover Recreation Department (Fifth Street) until Friday, February 10th. Fees are \$80 (K-2nd grades) and \$100 (3rd-8th grades). A late fee of \$25 is also being assessed now. For more information, visit www.ehgirlssoftball.com.



Day Camp and Teen Summer Experience Registration 2012

Summer is almost here! Registration for Day Camp, Enrichment, and Teen Summer Experience (TSE) will begin on Saturday, March 3rd

Day Camp and **Enrichment** (before-after care) in-person registration for Florham Park residents will be held on Saturday, March 3rd, from 9:00 am-2:00 pm, at the Recreation Department (Borough Hall, 1st Floor). Registration will continue on weekdays, from 9:00 am-4:30 pm, until Thursday, March 31st. Registration for non-residents begins on Monday, March 14th, and will continue throughout the registration period. The final day for registration is Friday, March 30th. Program details, fees, and application forms will be available through the public schools, at the Recreation Department, and online at www.florhamparkboro.net/recreation. Day Camp and Enrichment are open to children entering 1st-6th grades in the Fall. Enrichment has a limited enrollment, and registrations will be accepted on a first-come, first-served basis.

Registration for **Teen Summer Experience** (TSE) will take place on Saturday, March 3rd, from 9:00 am-2:00 pm, at the Recreation Department (Borough Hall, 1st Floor). Registration will continue on weekdays, from 9:00 am-4:30 pm, until Friday, March 30th. Program details, fees, and application forms will be available at the Recreation Department and online at www.florhamparkboro.net/recreation, or a brochure can be mailed to you. TSE is open to children entering 7th-10th grades in the Fall. TSE has a limited enrollment, and registrations will be accepted on a first-come, first-served basis. For more information, call the Recreation Department at (973) 410-5390.



Teen Night Ice Skating on Friday, February 24th

Mennen Sports Arena will be the destination on Friday, February 24th, for Ice Skating at the first Teen Night of 2012. The program – open to Florham Park 6th-8th graders – will take place from 8:00-10:00 pm. Admission is \$7.00, and skate rental is \$3.50. Teens may bring extra money for snacks and drinks. Recreation Department chaperones will be present. Email FPTeenNight@yahoo.com to RSVP in advance. Mennen Sports Arena is located at 161 East Hanover Avenue in Morristown. For more information, call the Recreation Department at (973) 410-5390.



Save these dates for Teen Nights!

Teen Nights, for 6th-8th graders, will take place on **Friday, March 30th** (make-your-own pizza party at Chef it Up); and **Friday, April 20th** (movie night at the Library). More information will be available soon. Email FPTeenNight@yahoo.com to be added to the mailing list.



Essex County Environmental Center
621-B Eagle Rock Avenue
Roseland, NJ 07068
www.essex-countynj.org
(973) 228-8776

THURSDAY EVENING YOGA SERIES

Thursdays, February 2nd, 9th, 16th, 23rd @ 6:15-7:30 pm

This “all levels” yoga series will focus on alignment, flow, and warmth followed by a restorative pose to unwind the body and mind for bed. All levels are welcome. Advance registration and monthly payment is required. Call (973) 228.8776. No refunds for missed classes. **Fee: \$40 per adult for the series**

FRIDAY MORNING YOGA

Fridays, February 3rd, 10th, 17th, 24th @ 9:30-10:45 am

This class will introduce adult beginners to the many joys of yoga. Breath synchronized with movement will warm the body and relax the mind. We will focus on joint mobility and healing stillness. All levels welcome. Join us for the series or just one class. Advance registration is required. Call (973) 228-8776. Dress comfortably and bring your own mat. **Fee: \$10 per adult per class**

DESIGN IT! BALLS AND TRACKS.

Saturday, February 4th @ 10:30 am-12:30 pm

Join your fellow engineers-to-be and help explore various sporting events and theme park rides to see how you might develop your own “perfect coaster.” We will work together to see which characteristics give coasters their speed, suspense, and excitement. Advance registration required. Call (973) 353-1338 x103. **Fee: \$8 per person (ages 8+)**

MAPLE SUGARING

Saturday, February 11th @ 10:30 am-12:00 pm

Our walk today will find us searching for Sugar Maple trees. We will “tap” a maple tree, collect some sap and make some Maple Syrup. We’ll return to the center for Hot Chocolate and sugar snacks. Advance registration is required. Call (973) 226-6082. **Fee: \$5 members, \$7 non-members (children ages 4-12 and families)**

VALENTINES DAY HOT CHOCOLATE HIKE

Saturday, February 11th @ 12:00-1:30 pm

Join us this Valentine’s Day for a fun-filled winter hike around the Environmental Center forest, sip hot cocoa, roast marshmallows, and enjoy a winter campfire with our loved ones. Dress warmly. Advance registration required. Call (973) 228-8776. **Fee: \$6 per child; \$8 per adult**

BUILD A BIRD HOUSE

Saturday, February 18th @ 10:30 am-12:00 pm

Join us during National Nest Box Week to build a home that encourages breeding birds and other wildlife to take residence. Putting out your bird house now creates a good chance of having a nesting pair of songbirds in your garden by spring. Advance registration required. Call (973) 228-8776. **Fee: \$6 per child; \$8 per adult (adults and children ages 10+ who are accompanied by an adult)**

3-DAY SHORT COURSE ON BEEKEEPING

Saturdays, February 18th, 25th @ 9:00 am-4:00 pm. Field Day TBD.

The Essex County Beekeepers Society will present this short course appropriate for new beekeepers as well as those who need a refresher. We take you through a full year of beekeeping, including everything you need to know from purchasing and assembling equipment to harvesting, extracting, and bottling honey. Basics of disease and mite management and control also are covered. Scholarships for this course are available to young people ages 12-22. Visit www.njbeekeepers.org for more details. Meet in Garibaldi Hall. For more information and to register, contact Pat Gamsby at BJORNLASS@AOL.COM or (973) 227-2808. **Fee: \$90 per person (adults and children ages 12+). Includes ECBS/NJBA membership, continental breakfast, and afternoon snack.**

HOLIDAY HIKE - SOUTH MOUNTAIN RESERVATION

Monday, February 20th @ 9:30-11:00 am

Don't just sit around on your day off from school – enjoy the great outdoors! Come hike with us and learn about your local parks and wildlife. These hikes have no agenda, so just come prepared to have fun! Essex County's largest developed park has many good hiking trails leading into different habitats. In mid-winter the park becomes a wonderland of snowy hemlocks and wondrous frozen waterfalls. Meet at the Tulip Springs parking area off of Cherry Lane. For children grades K to 5. Advance registration is required. Call (973) 226.6082. **Fee: \$5 members, \$7 non-members (children grades K-5)**

HORTICULTURE FOR SENIOR CITIZENS

Monday, February 20th @ 1:00-3:00 pm

Join the Rutgers Master Gardeners of Essex County for this horticulture class especially designed for senior citizens. This month's class is titled Create-A-Card. Meet in Garibaldi Hall. Advance registration is required one week prior to program. Call (973) 379-5488 or (973) 731-0717. **FREE**

CROCHETED CREATIONS

Thursday, February 23rd @ 5:30-7:30 pm

If you enjoy crocheting and are interested in developing your skills, join us to learn about new stitches, how to follow a pattern, and begin small projects. Scarves, small blankets, and pot holders are great projects for beginners and make wonderful gifts throughout the year! Please bring crochet hook(s) and yarn. Advance registration required. Call (973) 353-1338 x103. **Fee: \$8 per person (ages 8+)**



**Reminder: Dogs and alcohol are not allowed on
Borough parks, fields, and playgrounds**

Please note that according to Ordinance #12-91, dogs may not be brought onto Florham Park playing fields or open recreational areas. According to Ordinance #11-74, alcohol may not be consumed or distributed on Florham Park playing fields or open recreational areas. Locations include – but are not limited to – the Municipal Complex, Emmett Park, Dale Anderson Jaycees Tot Lot, Stobaeus Park, and Beechcrest Park. If you have any questions, please call the Recreation Department at (973) 410-5390. Thank you for your cooperation.



**More information on Florham Park sports clubs is
available on the following websites:**

Lacrosse: www.fplax.com

Softball: www.ehgirlssoftball.com

Wrestling: www.hanoverparkyouthwrestling.com

Football: www.florhamparkfalcons.com

Cheerleading: www.florhamparkboro.net/recreation/cheerleading.htm

Basketball: www.florhamparkboro.net/recreation/basketball.htm

Baseball: www.fpbbaseball.org

Soccer: www.florhamparksoccer.org

Ice Hockey: www.hanoverhockeynj.org