

FLORHAM PARK SENIOR CITIZENS CLUB  
NEWSLETTER

MARCH AND APRIL - 2012



Saint Patrick's  
Day  
March 17



First Day  
of Spring  
March 20



Easter  
April 8

**FLORHAM PARK SENIOR CITIZENS CLUB**

Senior Citizens Center 111 Ridgedale Ave. Florham Park, NJ 07932	Phone Numbers Senior Center Main No. 973-520-8984 Senior Center Office 973-520-8983
Elective Officers	
President: Dennis Callahan 973-360-1875	Treasurer: Rose Dalton 973-845-9093
Vice President: Charlene Sozansky 973-822-3145	Secretary: Angela Landon 973-765-0022

## The President's Message

Dear Friends,

I hope 2012 is treating you all well so far. Mother Nature has certainly been kind, alternating winter and spring-like temperatures with very little snow. We've had no more catastrophes like those which shut the community center, moving all of our meetings to the senior center for the foreseeable future. We may wind up in a new community center as part of the Elm Street Project, or back at the former community center when and if the federal government's FEMA unit underwrites the considerable investment needed to rehabilitate that highly damaged facility.

We are doing pretty well at the Senior Center. We can accommodate 90 people at tables in the large room, and more if we utilize the other rooms. We encourage you to car pool with other members living nearby, given the limited parking at the center. I anticipate that, by our next meeting, we will have a shuttle between the community center parking lot and the senior center from 10:45 to 11:15 and after the day's program, thanks to new member Doug Morrison's minivan and other possible resources being explored. So if you have stayed away because of the parking situation, we've licked that problem, so come on down to the senior center.

We do have 2 very important club positions we need to fill. Two members have indicated that they will serve on the Trip Committee, but we desperately need a Chairperson. Your Board is exploring options such as a 9/11 Memorial NYC trip, a mystery trip and other trips with Long Travel. We will have this nailed down by our first March meeting. I think we can make the committee's role much easier by changing how we collect payment and having Long manage the group as we travel about. I personally will help whoever steps up to this role, and would seriously consider taking it on myself, but I cannot do that until my term ends June 2013, because our bylaws do not allow an officer to chair a committee. Please consider taking this on at least until June 2013. I promise I will do anything I can to ensure your success and support you to keep your workload reasonable. Please step up - we are a much more enjoyable and attractive club if we can offer day trips and an annual vacation.

In early February we learned that Jerry Kelly will retire after 3 hard working years of leading the hospitality function. So we need someone to step up to form the next team that provides beverages at all our meetings, and treats like the Valentine's Day Cake, pizza lunches, and corned beef sandwiches and trimmings coming up soon at our St Patrick's Day celebration. This role can be fun if two couples or three or four friends get together to do it. Please give it serious consideration.

I will close with some great news. 2012 is our club's 50th year anniversary!!! We want to make this milestone special, by hiring an entertainer and a caterer that does fancy barbecues. We expect our Mayor and other officials will join us to celebrate and to honor the club's achievement. Circle September 12 on your calendar. You won't want to miss this. Between now and then take a peek in the club office at the NJ Senate and General Assembly Certificate of Merit for District 26 signed by Senator Leanna Brown and Assemblymen Ralph Loveys and Robert Martin on the occasion of our 25th anniversary in 1987.

The fact that the club is not only in existence 50 years after its founding, but is thriving, is a tribute to Florham Park Borough and its support over the years. If you have any ideas on how to make this special day even more special, please let me know.

God bless you all!  
Dennis Callahan

### Standing Committees

Activities	VACANT – Urgently need to Fill	Membership	Marie Anzalone
Programs	Olga Petrilak	Publicity	Winifred Schurek
Hospitality	Jerry Kelly – <i>Retiring in June;</i> <i>replacement vital</i>	Newsletter	Philip Beischer
MCCoOPO	Marge Obremski	Attendance	Rosalie Coll
		Good & Welfare	Rosalie Coll

## Membership Committee

### Welcome New Members

Name	Birthday	Address
DeWitt, Esther	5/2	93 Brandywyne Dr., Florham Pk., NJ
Morrison, Douglas W.	9/18	33 Rockwood Rd., Florham Pk., NJ
Reynolds, Paul	2/2	73 Brandywyne Dr., Florham Pk., NJ
Tomkovich, Janet	7/16	18 Lakeview Ave., Florham Pk., NJ

### Reinstate

Giordano, Concepcion	2/16	7 Pinch Brook Dr., Florham Pk., NJ
Clinton, Yone T.	10/28	23 Townsend Dr., Florham Pk., NJ
Dellano, Ralph	12/2	85 Brandywyne Dr., Florham Pk., NJ
Dellano, Margaret	12/27	85 Brandywyne Dr., Florham Pk., NJ

## Hospitality Committee

For those who are Irish (and those who wish they were), we'll be celebrating St. Patrick's Day on March 14 with corned beef sandwiches and fixings at the Senior Center. Olga has arranged for an Irish entertainer. We hope to have a good turnout.

## *FINAL NOTICE*

### Membership Committee

#### *ATTENTION SENIORS*

Your 2012 dues are payable Jan. 1, 2012. The dues are \$10.00. Please make checks payable to Florham Park Seniors and send before April 1 to:

Marie Anzalone  
224 Brooklake Rd.  
Florham Park, NJ 07932

**IMPORTANT:** Note that according to our Club By-Laws any member who fails to pay their dues by April 1, is classified as "delinquent" and will automatically be removed from the Membership List and lose all privileges. A delinquent member will not receive the newsletter, or notices and will not be able to attend trips, parties or other club-sponsored activities.

### Telephone Squad

In case of the death of a club member or someone in the member's immediate family, please call Charlene Sozansky at 973-822-3145.

## **Senior Exercise Class**

The next 10-week session of exercise classes for Florham Park seniors (age 62 and older) will begin on March 5, 2012 and continue until May 10, 2012. Registration forms are included at the back of this Newsletter and will be at the Senior Center for the professionally led classes two times per week: MONDAY from 1:00 to 1:30 p.m., and THURSDAY from 10:00 to 10:30 a.m. There is a \$10 charge for 10 weeks (no refunds or make-ups except those noted, or if the instructor is unable to come). A check should accompany each Registration Form. We also have a Sit and Be Fit DVD and a Wii set-up which is available for use by individuals or small groups.

Contact Charlene Sozansky at 973-822-3145.

## **In Memoriam**

Let us take a few moments of reflection for the following members who have departed:

**Bernard Dorn  
Stanley Strand**

## **MCCoOPO**

PAAD: Limit for a single is \$25,312 and for married - \$31,035

Senior Gold: For a single it's \$25,312 up to \$35,312 and for a couple it's \$31,035 up to \$41,035.

Medicare will begin to cover a weight loss program up to 12 months depending upon how much progress is made.

Springfest Flower Show in Sussex County will be held March 15-18. Senior day is the 15th. There is a \$7 fee for seniors.

There is a new vendor for the nutrition program. Food will be supplied by Sodexo and so far the feedback has been favorable. The Nutrition Program is held M,W,F at 15 Chateau Thierry in Madison (973-822-3129) and Tu, Th at Church of Christ, Fairmount Ave in Chatham (973-635-1508). No charge but they do ask for a donation. Reservations are a must by phone in advance.

## **Other Announcements**

### **Spring Garage Sale**

The Spring Garage Sale is to be held Saturday, May 19, 2012, from 10:00 a.m. to 4:00 p.m. Please bring items for sale on Friday May 18, 2012, from 10:00 a.m. to 4:00 p.m.

Contact Angela Landon at 973-765-0022

### **Seniors Helping Seniors**

We will continue to put our "can" out at meetings and keep replenishing our fund for Seniors who may need a little help for food. We are doing fine--let's continue with this project.

### **Attention All BINGO Players**

Bingo will continue to be held at the Senior Center on the Tuesday before the Senior Citizens Club meetings. Start time is 1:00 p.m. on 3/13, 3/27, 4/10 and 4/24.

## **Programs at the Florham Park Library**

The Florham Park Library will be showing movies on the last Tuesday of each month. Movies will begin at 6:30 p.m. and end at approximately 8:45 p.m.

The library also has a program called "2<sup>nd</sup> Sundays @ the Library." They start at 2:00 p.m. on the Second Sunday of the month. The next two programs are:

March 11, 2012 - Portrayal of "Nellie Bly" by the Traveling Stage Company.

April 8, 2012 - Easter Sunday; no program. Postponed to third Sunday because of Easter.

April 15, 2012 - Drawing with pen and ink.

Please call the library at 973-377-2694 for more details.

## **Interested in a trip to Atlantic City?**

East Hanover Senior Citizens schedule trips. Contact is Marlene Reiter at 973-887-1285. They will be on hiatus until the spring.

## **Senior Rides**

**Senior Rides**, the free transportation service for senior citizens in the local area, is offering a variety of additional services in celebration of its fourth anniversary.

They also now assist seniors with meal deliveries; blood pressure checks by certified EMTs and paramedics; and have volunteer crews to clean roof gutters, plow driveways and shovel sidewalks.

For information call 908-566-8625 or email [seniorrides@yahoo.com](mailto:seniorrides@yahoo.com).

## **Florham Park Recreation Department Bus trip to EVITA on Broadway**

Date: Saturday, March 17, 2012  
Price: \$95.00 per person  
Includes: Mezzanine seat (elevator access), chaperone, round-trip coach bus transportation  
Time: Bus leaves Community Center parking lot at 10:30 a.m., and returns after the conclusion of the 2:00 p.m. matinee (approximately 6:00 p.m.)

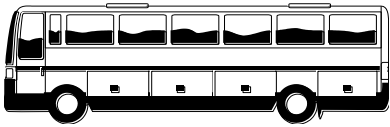
Registration forms are available at the Recreation Department in Borough Hall. Call 973-410-5390 for more details.

## **Seniors Invited to Free Show**

Hanover Park High School has invited the Florham Park Seniors to attend the dress rehearsal of **BEAUTY AND THE BEAST** at 2:30 p.m. on Wednesday, February 29, 2012. School will already be out for the day so you can bring your car and park at the school.

## SENIOR CALENDAR

- Fri., Mar. 2*      *Movie Matinee.* The Inn of the Sixth Happiness (Ingrid Bergman, Curt Jurgens, Robert Donat) Academy Award Nominee
- Wed., Mar. 7*      Executive Board Meeting                      Time - 10:00 a.m. at the Senior Center
- Fri., Mar. 9*      *Movie Matinee.* Kate and Leopold (Meg Ryan, Hugh Jackman)
- Tue., Mar. 13*      BINGO                      Time - 1:00 p.m.at the Senior Center
- Wed., Mar. 14*      Regular meeting                      Time - 11:00 a.m. at the Senior Center  
Program – Harpist and Singer, Aideen O’Donnell brings a unique touch as she entertains us with a full music selection using the Irish Harp while adding her beautiful singing voice.
- Fri., Mar. 16*      *Movie Matinee.* The Dirty Dozen (Lee Marvin, Ernest Borgnine, Charles Bronson, Telly Savalas) 4 Academy Award Nominations
- Fri., Mar. 23*      *Movie Matinee.* Irma La Douce (Jack Lemmon, Shirley Mac Lane) Academy Award Winner
- Tue., Mar. 27*      BINGO                      Time - 1:00 p.m.at the Senior Center
- Wed., Mar. 28*      Regular meeting                      Time - 11:00 a.m. at the Senior Center  
Program - “Over Here and Over There” Morris County and its role in WWII:  
Power Point slide presentation by Karen Kurlander. How ordinary citizens willingly left their families and sacrificed their comfort and safety to fight on foreign soil.
- Fri., Mar. 30*      *Movie Matinee.* - The Graduate (Anne Bancroft, Dustin Hoffman, Katharine Ross)  
Academy Award Winner; 7 Nominations
- Wed., Apr. 4*      Executive Board Meeting                      Time - 10:00 a.m. at the Senior Center
- Fri., Apr. 6*      *No Movie.* Senior Center closed for Good Friday.
- Wed., Apr. 10*      BINGO                      Time - 1:00 p.m.at the Senior Center
- Wed., Apr. 11*      Regular meeting                      Time - 11:00 a.m. at the Senior Center  
Program - Husband and Wife team of Jamie and Diane Campbell will once again entertain us with Diane’s lovely singing accompanied by Jamie on guitar.
- Fri., Apr. 13*      *Movie Matinee* - Dangerous Crossing (Jeanne Crain, Michael Rennie)
- Fri., Apr. 20*      *Movie Matinee* - *Jumpin’ Jack Flash* (Whoopi Goldberg)
- Tue., Apr. 24*      BINGO                      Time - 1:00 p.m.at the Senior Center
- Wed., Apr. 25*      Regular meeting                      Time - 11:00 a.m. at the Senior Center  
Program - In this “Age of Computers” we should ALL, whatever our age, be at least a little familiar with the Computer World. Our guest, Linda Miskey, will introduce us to this world.
- Fri., Apr. 27*      *Movie Matinee* - It Happened One Night (Clark Gable, Claudette Colbert)  
winner of five Academy awards.



## Activities

And Reservation Slips

Chairpersons:



Committee Members:

**Note:** All payments should be made by check payable to: **Florham Park Seniors.**  
**Unless indicated otherwise, refunds will be given only to those who cancel 24 hours prior to the activity date.**  
**Guests needing assistance with walking, dining or other personal needs must be accompanied by an able companion who will assist them.**

**Key to amount of walking:** w = walking, sw = some walking, nw = no walking



### Activities or Trip Committee (Dennis Callahan)

As you know, the leadership and membership of this committee have retired December 31st after vigorous activities development for over 2 years. We thank them for their efforts on our behalf. At this time, despite recruitment efforts, no one has stepped up to participate in this very important committee. Without a committee, the club's normal vehicle for organizing trips and an annual vacation will be stalled, and no such activities will take place. This is a most unfortunate reality. Please give your personally playing such a role serious consideration. I promise to anyone stepping up that you will have as much of my personal involvement as you'd like, within reason, and Nancy has told me she would help orient the incoming committee.

Because I believe the trips we take are one of the most attractive aspects of the club, I want to hold out an option to the membership while the committee remains dormant. Since our By-laws say that the leadership of each committee serves at the president's pleasure, I am willing to consider individuals stepping up as leaders for specific trips. In other words, if you are not ready to serve on the committee, but are willing to lead and organize a specific trip with the help of your friends in the club, and other members of the club that have interest, please see me or call me, and we'll discuss your proposal.

PARTING SHOTS

*Ham and eggs: a day's work for a chicken, a lifetime commitment for a pig.*

**TWO HORSES** were walking back to the paddock after a day of training. One horse said to the other, "I can't understand why we're so slow. We come from good stock, we have the best of food and great trainers, and yet we come in dead last in every single race."

A dog running alongside the horses overheard and said, "I know what your problem is. I've seen you two race, and it looks to me as if you take off at the start really fast. You use up all your energy at the beginning and have nothing left. What you should do is pace yourselves, and when the other horses have tired themselves out, put in a spurt of energy. You're sure to win. What do you think about that?"

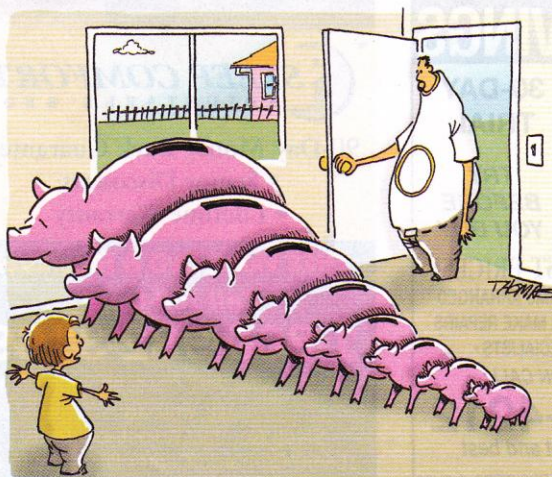
The two horses looked at each other and exclaimed, "Wow! A talking dog!"

**A YOUNG MAN** heard that his father, grandfather and great-grandfather had all walked on water on their 21st birthdays. So on his 21st birthday, the young man and a friend went out to the lake. "If they could do it, so can I!" he insisted.

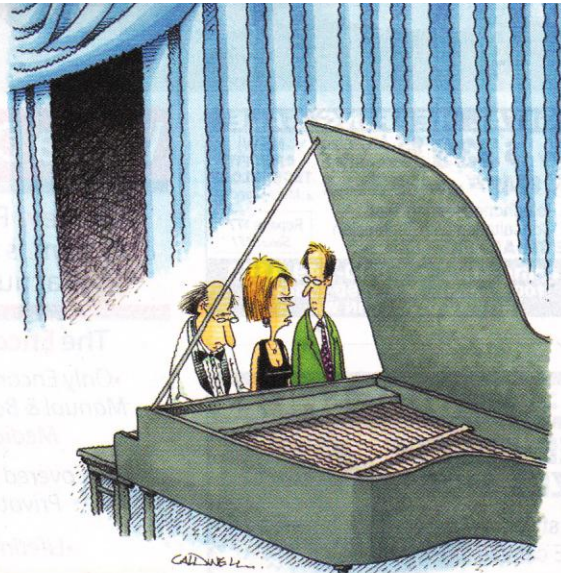
When they arrived, they rented a boat and began paddling. In the middle of the lake, the young man stepped out of the boat and nearly drowned.

Ashamed, the young man later asked his grandmother, "Why can't I walk on water like my father, and his father, and his father before him?"

The grandmother took the young man's hands, looked into his eyes, and explained, "They were all born in January, dear. You were born in July."



"I'm trying to diversify my portfolio."



"I never said they weren't good seats. I just said they're not terribly comfortable."



"You could at least wait until I leave the room before you go online for a second opinion!"

**A THIEF** broke into a mansion one morning, and found himself in the music room. Hearing footsteps approaching, he took refuge behind a screen.

From 8 a.m. to 9 a.m., the oldest daughter had a singing lesson. From 9 a.m. to 10 a.m., the second daughter had a piano lesson. From 10 a.m. to 11 a.m., the oldest son had a violin lesson. From 11 a.m. to noon, the second son had a flute lesson. At 12:15 p.m., all the children gathered together to study a truly earsplitting piece for their four parts.

Halfway through the session, the thief staggered out from behind the screen, collapsed at their feet, and cried, "For heaven's sake, have me arrested!"

**"EGYPT HAS RESPONDED** to hundreds of thousands of protesters by shutting down the Internet. Listen, if you want people to stay home and do nothing, turn the Internet back on."

- Conan O'Brien

FLORHAM PARK SENIOR CITIZENS CLUB



**Happy Birthday**



**MARCH**

Botticelli	Albert	3/14
Butler	Gail	3/2
Di Palma	Frances	3/3
Forlenza	Helen	3/20
Gleichmann	Connie	3/26
Haitmanek	Carmela	3/5
Knott	Gloria	3/25
La Spina	Margaret	3/18
Martino	Lorraine	3/7
McNerney	William	3/18
Metsopulos	Peter	3/4
Olszowy	Roma	3/16
Picone	Andrew	3/8
Santillo	Helen	3/16
Tuli	Prem	3/1
Valentine	Adolph	3/8
Walk	Joseph	3/27
Zeliff	Nancy	3/9

**APRIL**

Adamo	Claire	4/12
Ammirato	Edith	4/25
Contella	Rosemarie	4/30
Gralnick	Irving	4/10
Guzzi	Beatrice	4/6
Inamorato	Sam	4/13
Koza	Janet	4/21
LaBarre	Grace	4/4
Lenz	Norma	4/29
Nylander	Dee	4/6
Oleksik	Edward	4/5
Prokop	Michael	4/28
Prokop	Ann	4/1
Sena	Antoinette	4/1
Taylo	Barbara	4/9
Tighe	Brian	4/26
Troianello	Carol	4/8
Watts	Joan	4/23
Wetter	Shirley	4/3
White	Nellie	4/14

# Retirement

## And They Ask: Why Do I Like Retirement !

Question: How many days in a week?

Answer: 6 Saturdays, 1 Sunday

Question: When is a retiree's bedtime?

Answer: Three hours after he falls asleep on the couch.

Question: How many retirees to change a light bulb?

Answer: Only one, but it might take all day.

Question: What's the biggest gripe of retirees?

Answer: There is not enough time to get everything done.

Question: Why don't retirees mind being called Seniors?

Answer: The term comes with a 10% discount.

Question: Among retirees what is considered formal attire?

Answer: Tied shoes.

Question: Why do retirees count pennies?

Answer: They are the only ones who have the time.

Question: Why are retirees so slow to clean out the basement, attic or garage?

Answer: They know that as soon as they do, one of their adult kids will want to store stuff there.

Question: What do retirees call a long lunch?

Answer: Normal.

Question: What is the best way to describe retirement?

Answer: The never ending Coffee Break,  
[and I don't have to wait till 9:30]!

Question: What's the biggest advantage of going back to school as a retiree?

Answer: If you cut classes, no one calls your parents.

And my very favorite...

Question: What do you do all week?

Answer: Monday through Friday, NOTHING... Saturday and Sunday, I rest.

## FLORHAM PARK SENIOR EXERCISE CLASS

*Taught by Florham Park resident and Jazzercise instructor, Stephanie Akers*

*The class will consist of light aerobic exercises and stretching to improve balance and fitness for Florham Park residents who are aged 62 and older.*

- **WHEN:** Mondays from 1:00-1:30 p.m. and Thursdays from 10:00-10:30 a.m.
- **WHERE:** Florham Park Senior Center.
- **FEE:** \$10 per person (covers the 2 classes per week for 10 weeks – starting March 5, 2012 thru May 10, 2012). Please make checks payable to “The Florham Park Senior Citizens Club”
- **BRING:** A rubber exercise band which is long and strong enough to fit under your feet and not break while stretching. You are encouraged to bring a water bottle.
- **WHO:** Classes are for **senior citizens who are residents of Florham Park**. Beginners are welcome!
- **HOW:** Complete the form below and return with payment.
- **QUESTIONS:** Contact Charlene Sozansky at 973-822-3145.

Name \_\_\_\_\_

Street address \_\_\_\_\_ Town Florham Park \_\_\_\_\_

Phone # \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Phone # \_\_\_\_\_

I agree that the Florham Park Senior Citizens Club, its officials and volunteers, or its exercise program and instructor; the Florham Park Recreation Department, or its employees and volunteers; or the Borough of Florham Park, or its elected or appointed officials, officers, employees, volunteers, or agents, will not be held responsible for any accident or injury sustained by the named participant during the course of this program or activity.

Signature of Participant \_\_\_\_\_ Date \_\_\_\_\_

Florham Park Senior Citizens  
Borough of Florham Park  
111 Ridgedale Ave.  
Florham Park, NJ 07932

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