

# Florham Park Recreation Department

## February 2012 News

Visit our updated website!

[www.florhamparkboro.net/recreation](http://www.florhamparkboro.net/recreation)

Due to Hurricane Irene damage at the Community Center, the Recreation Department offices are temporarily located on the first floor of Borough Hall. Office hours are 9:00 am-4:30 pm, but some services may be limited or disrupted. Phone numbers remain the same:  
Main: (973) 410-5390; Fax: (973) 410-5492; Field hotline: (973) 410-5391.  
Thank you for your cooperation.



### *BUS TRIP TO EVITA ON BROADWAY IN MARCH*

On Saturday, March 17<sup>th</sup>, the Recreation Department is sponsoring a bus trip to see *Evita* on Broadway in New York City. The new musical revival stars Grammy Award-winning singer Ricky Martin. The cost is \$95 per person, which includes a mezzanine seat (elevator access), chaperone, and round-trip coach bus transportation. The bus leaves from the Community Center parking lot at 10:30 am, and returns at approximately 6:00 pm. Prior to the show, sightseeing and lunch are at your leisure. Registration forms are available at the Community Center, online at [www.florhamparkboro.net/recreation](http://www.florhamparkboro.net/recreation), or via mail by request. Call the Recreation Department at (973) 410-5390 for more information.



### **Evening Aerobics with Arline Ruban**



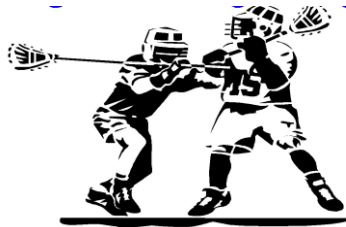
The popular aerobics class taught by Arline Ruban continues this winter. Classes take place on Mondays, Wednesdays, and Thursdays at 6:30 pm, at the Senior Center.  
Call (973) 410-5390 for fees and other details.



## **Hornets Lacrosse Registration is Closed**



Registration for spring lacrosse is closed. A co-ed clinic program is offered for 1<sup>st</sup>-2<sup>nd</sup> graders, and a league is offered for 3<sup>rd</sup>-8<sup>th</sup> grade boys. Registration forms with fees are available to download at [www.florhamparkboro.net/recreation](http://www.florhamparkboro.net/recreation). Players and parents may also fill out registration forms at the Recreation Department (Borough Hall, 1<sup>st</sup> floor). The registration deadline was Friday, February 3, 2012. Please call the Recreation Department at (973) 410-5390 with any questions.



## **Girls Lacrosse in Hanover Township**

Florham Park girls in 3<sup>rd</sup>-8<sup>th</sup> grades are welcome to register for the Spring lacrosse league in Hanover Township. Registrations are accepted at the Hanover Township Recreation Department (15 North Jefferson Road, Whippany) on weekdays from 8:30 am-4:30 pm. Two special registration opportunities will take place on Saturdays, February 4<sup>th</sup> and 11<sup>th</sup>, at Monroe Hall (324 Whippany Road, Whippany) from 10:00-11:00 am. The registration deadline is Friday, February 17<sup>th</sup>. The fee for 3<sup>rd</sup>-4<sup>th</sup> graders is \$50. The fee for 5<sup>th</sup>-8<sup>th</sup> graders is \$80 (includes U.S. Lacrosse membership). Players are required to provide stick, helmet, gloves, pads, and mouthpiece. Practices will begin in March and games will begin in April. Coaches are needed at all levels. Please call (973) 428-2463 with any questions.



## **Rutgers Coach Clinic in Florham Park on February 23<sup>rd</sup>**

Mark your calendars! The Recreation Department is hosting a Rutgers S.A.F.E.T.Y. Clinic for new coaches on Thursday, February 23<sup>rd</sup>, from 6:30-9:30 pm, at the Public Library. The clinic is open to new coaches who are planning to serve as a volunteer coach. The clinic costs \$40 per person. **RSVP is required to (973) 410-5390.**



### **Winter Platform Tennis Seeks Players**



The Florham Park men's winter platform tennis group is seeking new beginner and experienced players. Platform tennis is a sport that combines components and skills of tennis and racquetball. Currently, experienced players play on Monday and Wednesday nights at 7:30 pm at the two municipal courts across from the Community Center. To learn more about the group or the sport, or to sign up, feel free to meet at the courts on Monday or Wednesday nights. No commitment is necessary. If a minimum number of beginner players are interested, a beginner's clinic may be added. For more information, contact Russ Pistone at [rpistone@optonline.net](mailto:rpistone@optonline.net), or the Florham Park Recreation Department at (973) 410-5390.



## **Sports Squirts is Back this Spring!**

U.S. Sports Institute (U.S.S.I.) is offering the popular Sports Squirts this spring. Sports Squirts introduces children to a variety of sports such as soccer, basketball, hockey, and lacrosse. The clinic will be held on Mondays, from April 16<sup>th</sup>-June 4<sup>th</sup>, from 12:30-1:30 pm, in Emmett Park (no clinic on May 28<sup>th</sup>). The clinic is open to children 3-5 years old. The cost is \$115. Register online at [www.USSportsInstitute.com](http://www.USSportsInstitute.com). Details are available at [www.florhamparkboro.net/recreation](http://www.florhamparkboro.net/recreation). Call the U.S.S.I. at (732) 563-2520 with questions.



## T-Ball Squirts is New this Spring!

U.S. Sports Institute (U.S.S.I.) is offering its T-Ball Squirts program this spring. T-Ball Squirts introduces young children to baseball/softball. The clinic will be held on Tuesdays, from April 17<sup>th</sup>-May 29<sup>th</sup>, from 3:30-4:30 pm, in Emmett Park. The clinic is open to children 3-4 years old. The cost is \$130. Register online at [www.USSportsInstitute.com](http://www.USSportsInstitute.com). Details are available at [www.florhamparkboro.net/recreation](http://www.florhamparkboro.net/recreation). Call the U.S.S.I. at (732) 563-2520 with questions.



## Girls Softball Registration Ended February 10<sup>th</sup>

Girls in Kindergarten through 8<sup>th</sup> grades are invited to register for the spring softball program, sponsored by the East Hanover-Florham Park Girls Softball League. Registrations are accepted at the East Hanover Recreation Department (Fifth Street) until Friday, February 10<sup>th</sup>. Fees are \$80 (K-2<sup>nd</sup> grades) and \$100 (3<sup>rd</sup>-8<sup>th</sup> grades). A late fee of \$25 is also being assessed now. For more information, visit [www.ehgirlssoftball.com](http://www.ehgirlssoftball.com).



## Day Camp and Teen Summer Experience Registration 2012

*Summer is almost here! Registration for Day Camp, Enrichment, and Teen Summer Experience (TSE) will begin on Saturday, March 3<sup>rd</sup>*

**Day Camp** and **Enrichment** (before-after care) in-person registration for Florham Park residents will be held on Saturday, March 3<sup>rd</sup>, from 9:00 am-2:00 pm, at the Recreation Department (Borough Hall, 1<sup>st</sup> Floor). Registration will continue on weekdays, from 9:00 am-4:30 pm, until Thursday, March 30<sup>th</sup>. Registration for non-residents begins on Monday, March 12<sup>th</sup>, and will continue throughout the registration period. The final day for registration is Friday, March 30<sup>th</sup>. Program details, fees, and application forms will be available through the public schools, at the Recreation Department, and online at [www.florhamparkboro.net/recreation](http://www.florhamparkboro.net/recreation). Day Camp and Enrichment are open to children entering 1<sup>st</sup>-6<sup>th</sup> grades in the Fall. Enrichment has a limited enrollment, and registrations will be accepted on a first-come, first-served basis.

Registration for **Teen Summer Experience** (TSE) will take place on Saturday, March 3<sup>rd</sup>, from 9:00 am-2:00 pm, at the Recreation Department (Borough Hall, 1<sup>st</sup> Floor). Registration will continue on weekdays, from 9:00 am-4:30 pm, until Friday, March 30<sup>th</sup>.

Program details, fees, and application forms will be available at the Recreation Department and online at [www.florhamparkboro.net/recreation](http://www.florhamparkboro.net/recreation), or a brochure can be mailed to you. TSE is open to children entering 7<sup>th</sup>-10<sup>th</sup> grades in the Fall. TSE has a limited enrollment, and registrations will be accepted on a first-come, first-served basis. For more information, call the Recreation Department at (973) 410-5390.



## Save these dates for Teen Nights!

Teen Nights, for 6<sup>th</sup>-8<sup>th</sup> graders, will take place on **Friday, March 30<sup>th</sup>** (make-your-own pizza party at Chef it Up); and **Friday, April 20<sup>th</sup>** (movie night at the Library). More information will be available soon. Email [FPTeenNight@yahoo.com](mailto:FPTeenNight@yahoo.com) to be added to the mailing list.



**Essex County Environmental Center**  
**621-B Eagle Rock Avenue**  
**Roseland, NJ 07068**  
**[www.essex-countynj.org](http://www.essex-countynj.org)**  
**(973) 228-8776**

#### **THURSDAY EVENING YOGA SERIES**

**Thursdays, February 2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup>, 23<sup>rd</sup> @ 6:15-7:30 pm**

This “all levels” yoga series will focus on alignment, flow, and warmth followed by a restorative pose to unwind the body and mind for bed. All levels are welcome. Advance registration and monthly payment is required. Call (973) 228.8776. No refunds for missed classes. **Fee: \$40 per adult for the series**

#### **FRIDAY MORNING YOGA**

**Fridays, February 3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup> @ 9:30-10:45 am**

This class will introduce adult beginners to the many joys of yoga. Breath synchronized with movement will warm the body and relax the mind. We will focus on joint mobility and healing stillness. All levels welcome. Join us for the series or just one class. Advance registration is required. Call (973) 228-8776. Dress comfortably and bring your own mat. **Fee: \$10 per adult per class**

#### **BUILD A BIRD HOUSE**

**Saturday, February 18<sup>th</sup> @ 10:30 am-12:00 pm**

Join us during National Nest Box Week to build a home that encourages breeding birds and other wildlife to take residence. Putting out your bird house now creates a good chance of having a nesting pair of songbirds in your garden by spring. Advance registration required. Call (973) 228-8776. **Fee: \$6 per child; \$8 per adult (adults and children ages 10+ who are accompanied by an adult)**

#### **3-DAY SHORT COURSE ON BEEKEEPING**

**Saturdays, February 18<sup>th</sup>, 25<sup>th</sup> @ 9:00 am-4:00 pm. Field Day TBD.**

The Essex County Beekeepers Society will present this short course appropriate for new beekeepers as well as those who need a refresher. We take you through a full year of beekeeping, including everything you need to know from purchasing and assembling equipment to harvesting, extracting, and bottling honey. Basics of disease and mite management and control also are covered. Scholarships for this course are available to young people ages 12-22. Visit [www.njbeekeepers.org](http://www.njbeekeepers.org) for more details. Meet in Garibaldi Hall. For more information and to register, contact Pat Gamsby at [BJORNLASS@AOL.COM](mailto:BJORNLASS@AOL.COM) or (973) 227-2808. **Fee: \$90 per person (adults and children ages 12+). Includes ECBS/NJBA membership, continental breakfast, and afternoon snack.**

#### **HOLIDAY HIKE - SOUTH MOUNTAIN RESERVATION**

**Monday, February 20<sup>th</sup> @ 9:30-11:00 am**

Don't just sit around on your day off from school – enjoy the great outdoors! Come hike with us and learn about your local parks and wildlife. These hikes have no agenda, so just come prepared to have fun! Essex County's largest developed park has many good hiking trails leading into different habitats. In mid-winter the park becomes a wonderland of snowy hemlocks and wondrous frozen waterfalls. Meet at the Tulip Springs parking area off of Cherry Lane. For children grades K to 5. Advance registration is required. Call (973) 226.6082. **Fee: \$5 members, \$7 non-members (children grades K-5)**

### **HORTICULTURE FOR SENIOR CITIZENS**

**Monday, February 20<sup>th</sup> @ 1:00-3:00 pm**

Join the Rutgers Master Gardeners of Essex County for this horticulture class especially designed for senior citizens. This month's class is titled Create-A-Card. Meet in Garibaldi Hall. Advance registration is required one week prior to program. Call (973) 379-5488 or (973) 731-0717. **FREE**

### **CROCHETED CREATIONS**

**Thursday, February 23<sup>rd</sup> @ 5:30-7:30 pm**

If you enjoy crocheting and are interested in developing your skills, join us to learn about new stitches, how to follow a pattern, and begin small projects. Scarves, small blankets, and pot holders are great projects for beginners and make wonderful gifts throughout the year! Please bring crochet hook(s) and yarn. Advance registration required. Call (973) 353-1338 x103. **Fee: \$8 per person (ages 8+)**



## **Reminder: Dogs and alcohol are not allowed on Borough parks, fields, and playgrounds**

Please note that according to Ordinance #12-91, dogs may not be brought onto Florham Park playing fields or open recreational areas. According to Ordinance #11-74, alcohol may not be consumed or distributed on Florham Park playing fields or open recreational areas. Locations include – but are not limited to – the Municipal Complex, Emmett Park, Dale Anderson Jaycees Tot Lot, Stobaeus Park, and Beechcrest Park. If you have any questions, please call the Recreation Department at (973) 410-5390. Thank you for your cooperation.



**More information on Florham Park sports clubs is available on the following websites:**

**Lacrosse:** [www.fplax.com](http://www.fplax.com)

**Softball:** [www.ehgirlssoftball.com](http://www.ehgirlssoftball.com)

**Wrestling:** [www.hanoverparkyouthwrestling.com](http://www.hanoverparkyouthwrestling.com)

**Football:** [www.florhamparkfalcons.com](http://www.florhamparkfalcons.com)

**Cheerleading:** [www.florhamparkboro.net/recreation/cheerleading.htm](http://www.florhamparkboro.net/recreation/cheerleading.htm)

**Basketball:** [www.florhamparkboro.net/recreation/basketball.htm](http://www.florhamparkboro.net/recreation/basketball.htm)

**Baseball:** [www.fpbaseball.org](http://www.fpbaseball.org)

**Soccer:** [www.florhamparksoccer.org](http://www.florhamparksoccer.org)

**Ice Hockey:** [www.hanoverhockeynj.org](http://www.hanoverhockeynj.org)